

The Popcorn Time

The Complete Works of Douglass A. White, Ph.D.

Volume 20

爆米花開悟的時刻

白中道博士全集 第二十冊



AWAKENED LIFE 覺醒的生命

SACRED SCARAB INSTITUTE 聖甲蟲學院

The Popcorn Time and A Plan for a Planet

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爆米花開悟的時刻、對地球文明的計畫

白中道博士全集 第二十冊

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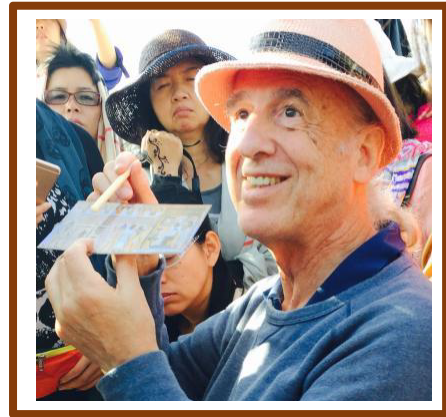
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Enlightenment is a viewpoint every person already has available and always has had. It is our essential nature. No technique, practice, or special life style is necessary.

開悟是一個觀點，每一個人都已經可以利用它，而且每一個人都永遠擁有它，它是我們的本性，不需要任何技術、練習、或特殊的生活方式。



Douglass A. White, Ph.D. 1941~2021

He was born in Chicago in 1941, and he graduated from Harvard University in 1964 with Bachelor of Oriental Languages and Literature, after that he entered Taiwan University and began to study the Chinese literature of the former Qin Dynasty in 1965. In 1968, he completed his master's thesis on "Research on Zuo Chuan Quote Poems". Later he returned to Harvard University in the United States to complete his Ph.D. in Oriental Languages and Ancient Civilizations, and wrote the dissertation the Interpretation of the Central Concept of “The Book of Changer” by Scholars in the Han、Song and Ming Dynasties.

The content of all his works: 1) Research on the wisdom of ancient civilizations, including ancient Egypt, China, Buddhism, Judaism, India, etc., 2) Dialyze the authenticity of physical science from the perspective of an observer to connect with the spiritual, 3) Inspiring spirituality Wisdom to continue earth civilization. There are 24 books in total.

白中道博士於 1941 年出生於美國芝加哥，1964 年完成美國哈佛大學的東方語文學士畢業後，1965 年進入台灣大學開始研究前秦中國文學，於 1968 年完成了“左傳引詩研究”的碩士論文；後來又回到美國哈佛大學完成東方語言與古文明博士，論文寫“漢、宋、明代學者對易經中心觀念的解釋”。他畢生所有著作內容型態：1) 古文明智慧研究，包括古埃及、中國、佛學、猶太、印度..... 等等，2) 以觀察者角度來透析物理科學的真實面貌以與心靈接軌，3) 啟發靈性智慧以延續地球文明。總共著作 24 本。

【The Complete Works Catalogue of Douglass A. White, Ph.D.】

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The Popcorn Time

Popcorn Time! Enlightenment for Everybody

by Weser Amen (The Wizard of Amen)

Popcorn Time is an entertaining, surprise-filled little book about "enlightenment". Dr. White (AKA the Wizard of Amen) describes in simple, "scientific" layman's language a remarkable leap in consciousness that is happening around the globe right now.

Once people put together the facts of reality that they heard about in high school, but were not really paying close attention to (for obvious teenager reasons), they discover that they have always been enlightened. As the enlightened viewpoint sweeps the planet, human civilization will be radically transformed.

Popcorn Time!

Enlightenment for Everybody

by

**Weser Amen
(The Wizard of Amen)**

**Delta Point
Educational Technologies /**

Sacred Scarab Institute

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What is Popcorn Time?

When people get together with friends to watch a movie or a big event like the World Series or Superbowl, they often prepare a batch of popcorn.

Making your own popcorn is easy. You pour seeds in the popper and add hot air. For a while nothing happens. Then a kernel pops. Soon another pops. After a few random pops, the popping increases. Before you know it the whole batch is popping almost all at once. Then the popping tapers off to just a few late pops. The kernels have almost all expanded and turned inside out. You are ready to add seasoning and enjoy the show.

The Greatest Show on Earth

We are about to participate in the greatest show on Earth, and we are the popcorn. Earth is undergoing what scientists call a phase transition -- a radical shift from one style of functioning to a completely new style of functioning.

Mankind is the key element in this transition, but it will affect every aspect of our beautiful planet -- spiritual, emotional, mental, physical, and environmental.

This little book is about the epic event that is beginning to happen right NOW. In a sense it marks the moment that humanity comes of age.

Transition to Enlightenment

"Popcorn Time" is just an analogy for the inside-out flip-over transition of humanity from a race of beings groping to understand who they are and what they are doing here on this planet to a civilization of enlightened beings fully integrated with the galactic community and the cosmos.

The transition from "ignorance" to "enlightenment" is a curious experience that can be somewhat confusing -- so much so that many people don't even want to go there. The purpose of this book is to sort out what changes and what does not change during such a transition so you know what it's about.

What is Enlightenment?

Many people believe enlightenment is something mystical or spiritual that is impossible to explain clearly and logically. I strongly disagree.

You may have noticed that you do not see things clearly in a dark room. To resolve this problem you simply flick the light switch on. When you turn on the light, you see everything in the room clearly. Once you can see clearly, the only question becomes: what are you going to do in your brightly lit room?

The beautiful thing about this era is that we now know where the light switch is, so anyone can turn it on.

So Where is the Switch?

There is a common belief that you must go find a master, meditate, join a religion, and/or generally develop yourself in various ways for a long time (years or even decades) and then **maybe** you will reach enlightenment.

Many religious leaders and teachers hold out "enlightenment" or some spiritual equivalent as the final reward for joining their organization and practicing their faith or discipline. The wise men of the past who popped by themselves discovered in retrospect that this was not necessary. Belief systems and disciplines can often hinder enlightenment rather than promote it. They unbalance a person.

Would You Prefer Now or Later?

Practice of a discipline can be very good for a person, and practice of some disciplines may lead some day **later** to a mystical state of enlightenment, but usually within no well defined period of time.

On the other hand, what if there is a form of enlightenment that is scientifically verifiable, clearly understandable, and available to almost everyone right **now**? Such a state provides a solid and stable foundation for any life-supporting practice, discipline, or program of development.

Would you prefer now or later?

Imagine

If you are already enlightened and clear about the essence of your reality, you can focus your attention on practical achievements in your life.

You can develop social skills, business skills, intellectual skills, technical skills, athletic skills, and so on with the express aim of enjoying life to its fullest for yourself, and perhaps also for making some significant contributions to the quality of life on our planet to be enjoyed by many others. At the same time you can do all this with the certainty, security, and stability of a person with a clear vision that is eternally valid for past, present, and future.

Balance and Attention

The ancients called the state of balance *samaadhi* (India), and *sema tawy* or *aakhet* (ancient Egypt). In a state of perfect balance you perceive nothing. This is undefined awareness. To perceive something you disturb the balance. The disturbance creates a motion with an equal and opposite motion that restores the balance, returning all to equilibrium. Perception of something is a viewpoint out of equilibrium. We can call it attention or defined awareness. Passive attention simply observes without judgment, and dynamic attention is directed by the judgments of the will. Consciousness is a flow of attention.

The State of Balance is Equilibrium

The ancient Egyptians used a mechanical scale to represent the state of equilibrium. One pan holds a human heart, and the other pan holds a feather that symbolizes truth. The scale is always drawn in equilibrium, and right over the fulcrum is a little golden baboon sitting at the balance point. With the slightest impulse the baboon can impart motion to the scale in any direction he desires. He playfully acts from the viewpoint of enlightenment.



Then What Do You Have to Do?

Nothing. Enlightenment is not something that happens because you DO something. It is a point of view, an attitude, and does not depend on any practice or way of life. You don't even have to flick a switch. Just by noticing the enlightened point of view you are already there. It is not particularly mystical or even spiritual -- unless you believe it is. Of course, once you are there you can adapt to the enlightened viewpoint and develop yourself in many remarkable ways with enlightenment as your stable foundation. So let's switch our attention to the enlightened viewpoint and explore it to see whether it is worth enjoying.

How Do I Know It's Real?

Doubt is natural when you are faced with such an outlandish claim that you are really enlightened. However, the nature of enlightenment is such that it verifies itself. There is a sort of transcendental logic to it.

"This sentence is a lie." If this sentence is a lie, it is true, if it is true, it is a lie. Logic breaks down with such a self referring statement.

"You experience what you believe." Even if you do not believe that statement, it is still true. This is an example of transcendental logic that interfaces with experience and is not just "logical" words.

Transcendental Enlightenment (TE)

A lady recently told me, "I know you are not enlightened." I told her, "Fine, that is your viewpoint." From the viewpoint of enlightenment everyone is enlightened, so if you think someone (yourself or someone else) is not enlightened, that thought merely indicates you are not viewing the world from the viewpoint of enlightenment. This is the transcendental logic of enlightenment that self-verifies itself. The lady is enlightened, but chooses not to know it, and is free to feel that way. An enlightened one does not deny the possibility of other viewpoints that seem in conflict. Let's explore the enlightened viewpoint to see why.

Some Examples of TE

Buddhist tradition holds that Gautama Sakyamuni vowed to enlighten all sentient beings before attaining his own enlightenment as Buddha. How could he have fulfilled his vow if so many people still see themselves and others as very unenlightened today?

Many Christians believe that Jesus has saved everyone. How is that possible if so many people still reject Jesus as their savior and so many still experience suffering?

The secret is that Jesus and Buddha found the viewpoint from which all sentient beings are by definition enlightened. Let's find it.

A Scientific Definition of TE

Transcendental Enlightenment is the viewpoint from which you perceive everything in terms of light that you yourself generate. To understand this statement we first broaden our definition of "light" to include the full spectrum of electromagnetic (EM) interactions.

Our entire experience of the universe is via the sensory perceptions of vision, hearing, touch, taste, and smell. We add to this the mental activities of thought, feeling, emotion, imagination, memory, and so on.

The nervous system is a biological EM device.

What Does This Mean?

Since every mental or physical experience we have occurs via the EM interaction, we may say that all sentient beings perceive and experience their reality in terms of **light**. By this scientific definition all sentient beings are by definition enlightened and always have been.

This means that you and everyone else have always been enlightened whether you knew it or not. Most people with a high school education already know these scientific principles, but their teachers do not draw the obvious conclusions. A closer look reveals many other startling conclusions.

EM Perception Physics (Vision)

Vision is obviously perception of light. However, the EM interaction is always a two-way "handshake" process. When a photon of light reaches your eye, you have already sent an "attention" photon to the light source. Attention photons move backward in time and light photons move forward in time.

This becomes an awesome interaction when you look at a star that is a million light-years distant. Your attention travels a million years into the past to interact with and travel with the photon that reaches your eye from the distant star in the present moment.